The method called iontophoresis has been known for quite some time, as well as its positive effects in inhibiting the manifestation of palmar-plantar and axillary hyperhidrosis (excessive sweating of the palms, feet, and armpits). Applying iontophoresis to the affected areas can inhibit excessive sweating for a relatively long time (approx. one month, sometimes longer). This condition can be then maintained by applying iontophoresis when sweating starts to return again.

Electro Antiperspirant by Hightech Development offers great compactness – thanks to which patients can carry out their treatments in the comfort of their home – and also efficiency – which is comparable to that of more expensive methods of removing excessive sweating. The device is powered by AA batteries, which is its another advantage; they provide sufficient power and enough energy for several hours of therapies. For the application of the device in palmarplantar areas (hands and feet) serve containers filled with ordinary tap water. For axillary areas (armpits), the device is applied by inserting electrodes wrapped in water soaked material directly into the armpit. After the specified exposure time and several consecutive treatments, sweating subsides within approximately one week.

I have been working in the field of dermatology for 40 years and I have been dealing with physical methods of treatment of skin diseases for over 10 years. From my personal experience and based on the proven therapeutic effects, I can recommend the iontophoresis device Electro Antiperspirant to those who suffer from excessive sweating of the palms, feet, or armpits and who look for an effective solution to these problems.

## MUDr. Eva Fialová

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